

Social and occupational determinants of Mental Health

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War and childhood

Last 50 years more than 500 conflicts.

1945-2020:

30 millions death,
25 millions civilians.





copyright UNICEF/93-BDU1122/Marc de Haan

Mines: specifically for children.

Sexual abuse – violation., PTSD, orphan...

Consequences of war are more devastating.

UNICEF: 35.000 - 40.000 children death.

Gjakova

XIV century.

60,000 inhabitants.

90% Albanian 10% Serbian.



Milosevitz: 10 years
opresion.

Albanian culture repressed.

NATO campaing, 1999,
3 months of extreme
military confrontating.



Notice: Learn about the
political, economic and
sociological history of the
community.

(as you would know the
health/social record)

20% partially destroyed - 40% completely destroyed.
Gjakova priority target for ethnic cleansing.



New **trauma**: prisoners 1600 disappeared.

Winter, accomodation, poverty

Political inestability

Massive graves





Notice:

**Understand the deep
meaning of war.**

**Accept/combat the dark
side of human being.**



Notice:

Learn about trauma.

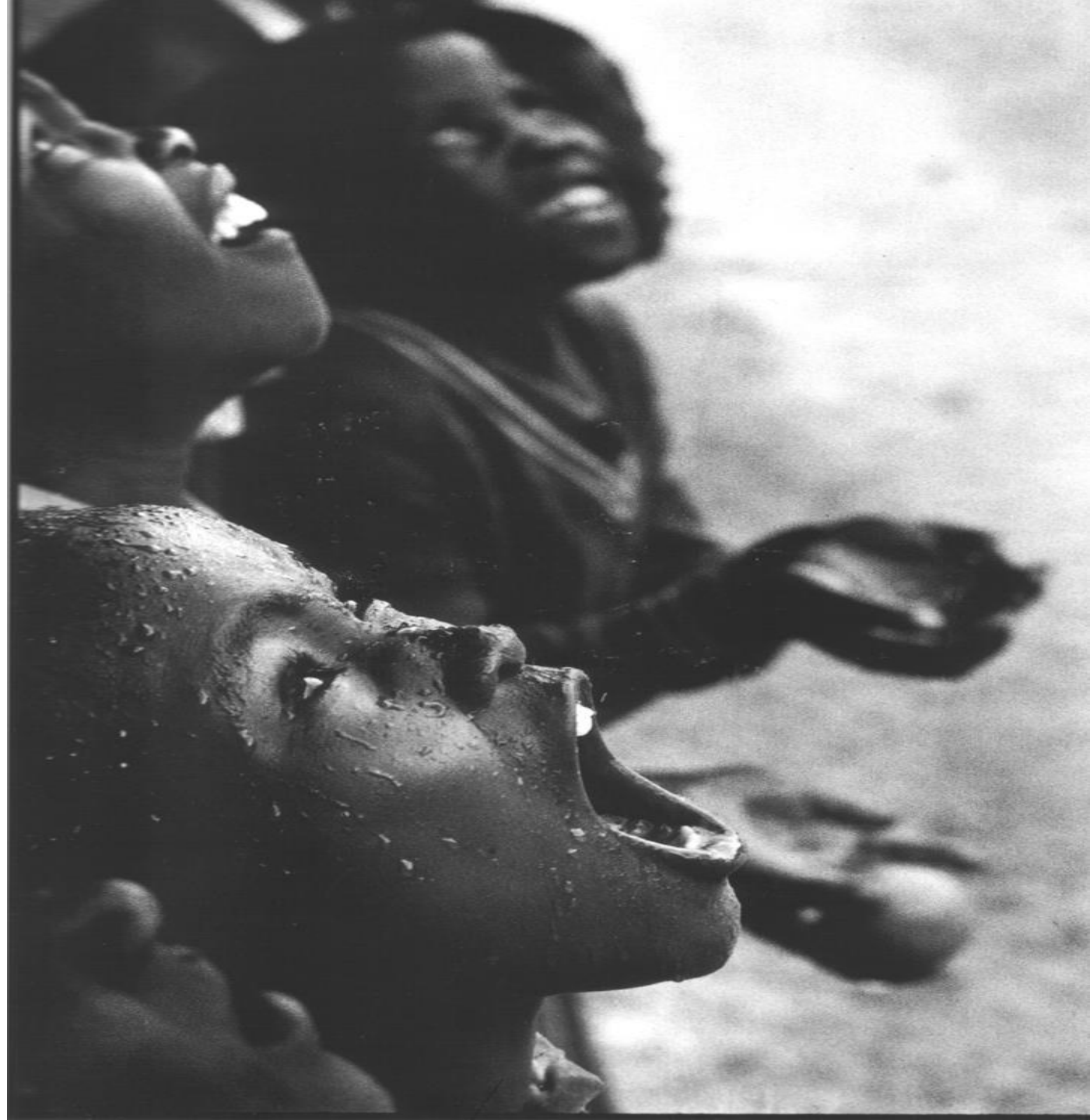
Listen their voices.

**Humanistic
philosophy**

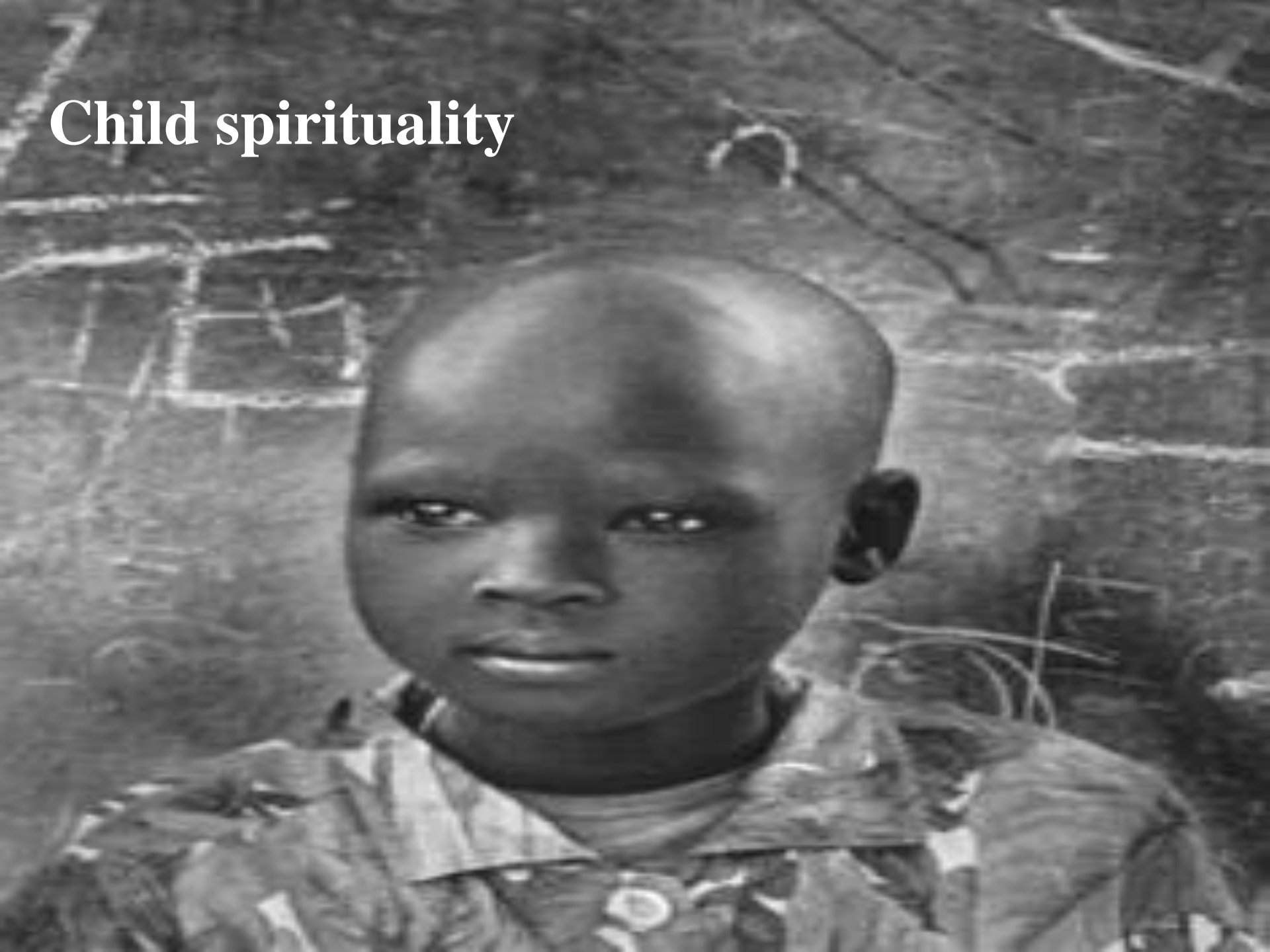
**Community
based**



Holistic philosophy



Child spirituality



Meaningful occupation



Transcultural philosophy



Notice:

**Reflect about your
philosophy (roots).**

Occupational deprivation



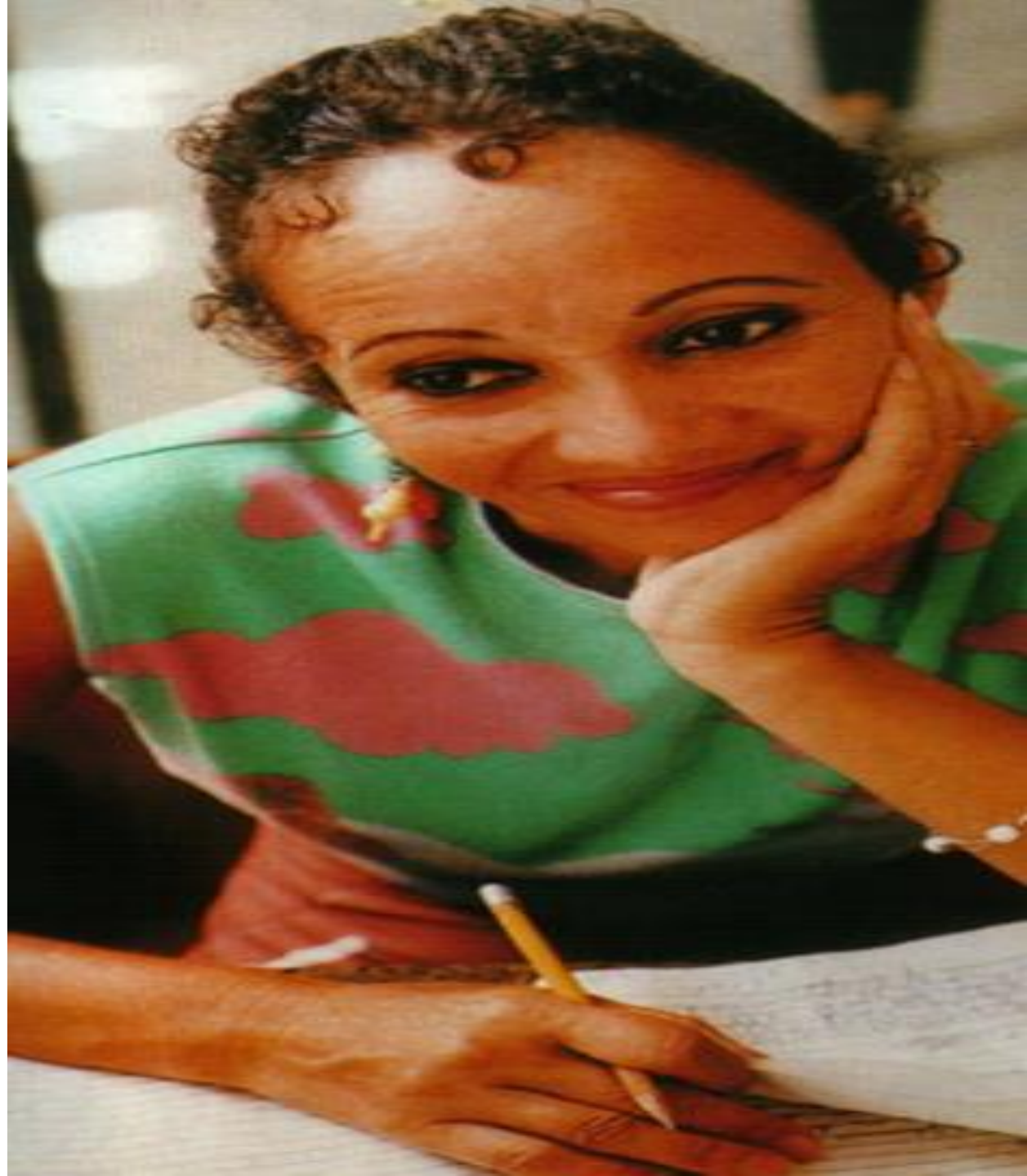
A black and white photograph capturing a moment of intense joy and celebration. In the foreground, a person's face is shown in profile, mouth wide open in a shout or cheer, with numerous water droplets glistening on their skin. Behind them, another person is also cheering, their face partially visible. The background is slightly out of focus, showing more people and what appears to be a sandy or outdoor setting. The overall mood is one of triumph and collective happiness.

**Occupacional
justice**

Occupational perspective of health (Wilcock)

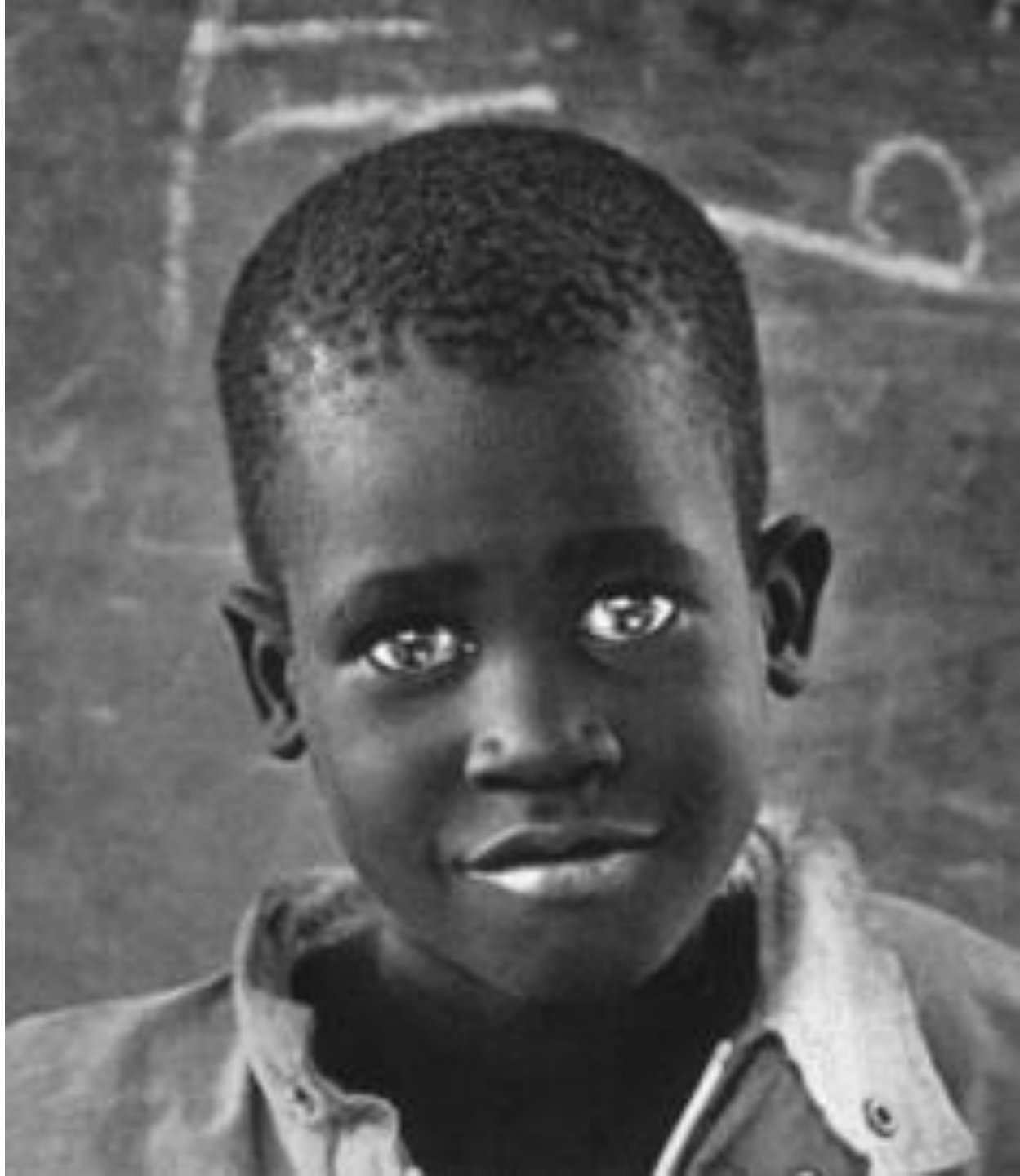


Narrative theory

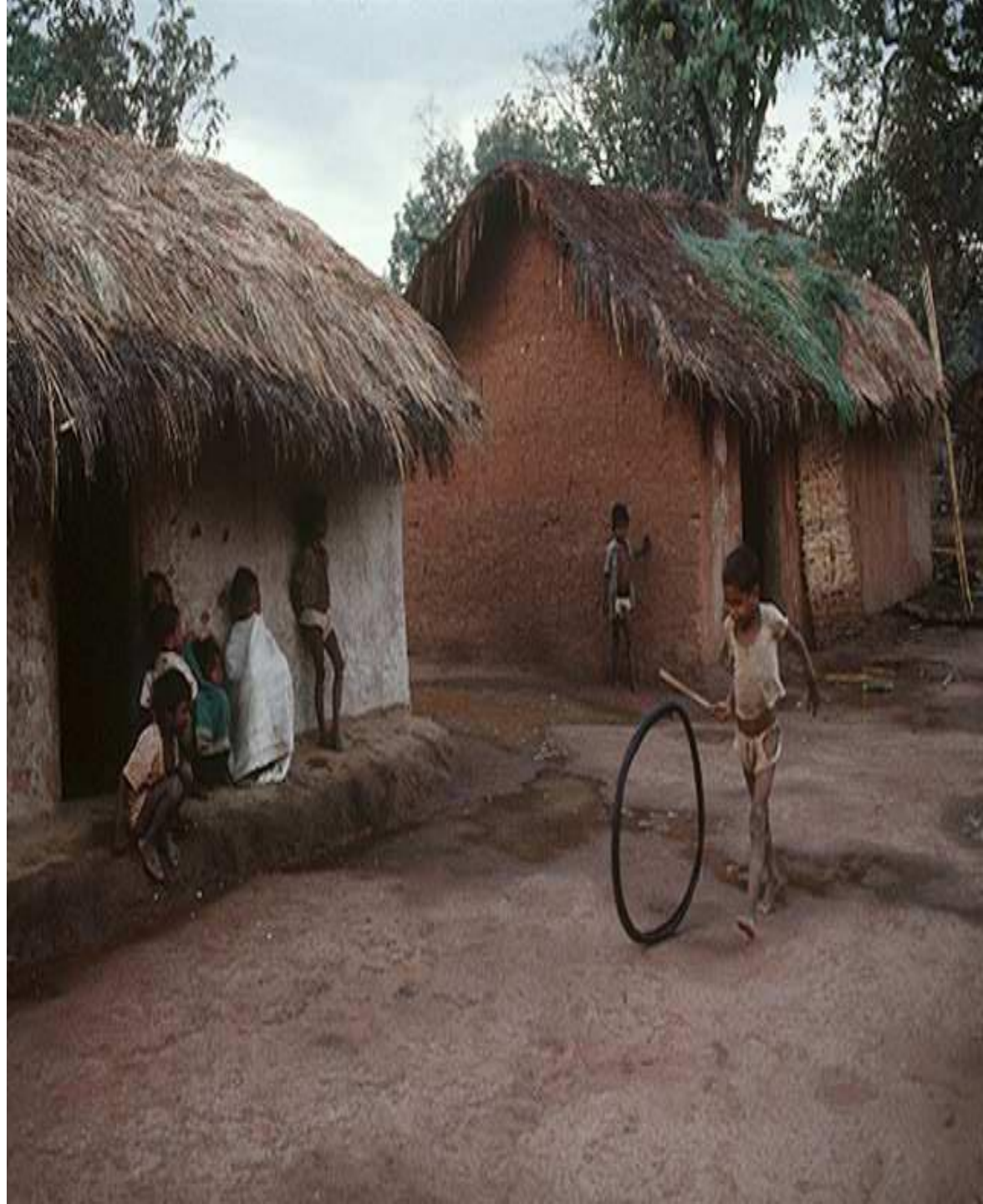


**Trauma
theories**

**Resilience
theory
(Cyrulnik)**



Play theories



Notice:

**Develop an strong
theoretical foundation.**

Sessions







"I have drawn the war in Kosovo, as the Serbian invaders killed the people and burned down the houses. They murdered children, pregnant women and made us flee. The river is dyed with blood. My cousin was killed with three more girls in the basement of a house. This is what I wanted to say about the Kosovo war. "

Fjolla, 12.

**”The history says even
the sun and clouds are
crying for Kosovo,
bloody Kosovo”.**

Besart, 11.

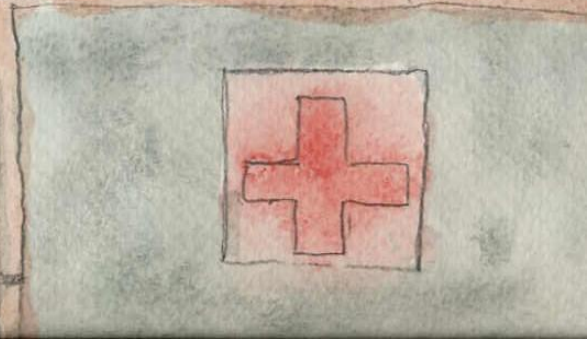
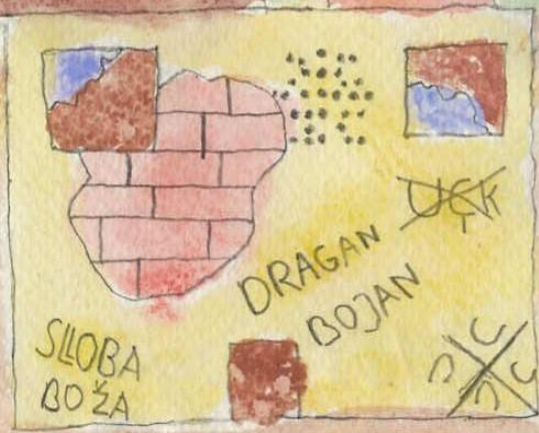


**”In my class lessons have
started. Your place is empty
Looking for you.
We cover it with flowers and
tears”.**

Dielleza, 11.

**“I draw a burning house,
there are land mines
around so we must ke
careful when playing”.**

Arjona, 8.



**“Now we have the
freedom.**

**We should be happy. We
cannot because we ignore
the situation of 1600
people disappeared”.**

Elza, 13.

**“I must let you with
pain in my heart and
tears in my eyes without
saying goodbye. I walk
in a path of sadness”.**

Gjilizare Morina.

"I show the war that happened in Gjakova. Murders, massacres, fires, mass murders, the Serbs bombing, while burning the houses. I felt so sad, I was scared, I started crying. At 5:00 in the morning we went to the basement. I was afraid in the heart, because I thought my turn to die had come. "

Kaltrina, 12

"I drew a tree without leaves to express those who are dead or imprisoned. The heart of Kosovo cries even though freedom is with us. The mother of an Albanian soldier cries: If I could find my son's body. I'd feel like I was alive and maybe I'd say, "Mother, we got what we wanted, freedom."



Eddiu Thema
K.E. V₁
Me 3. 8. 99



Njeriu pa liri



Zogu pa liri



**”Finally after massacres,
freedom arrived.**

**In beautiful Kosovo flower are
blossom again, children will
have fun, play and sing again”.**

Rajmonda, 11



**“I draw children and
flowers and a big happy
sun because freedom is
here”.**

Benita, 9

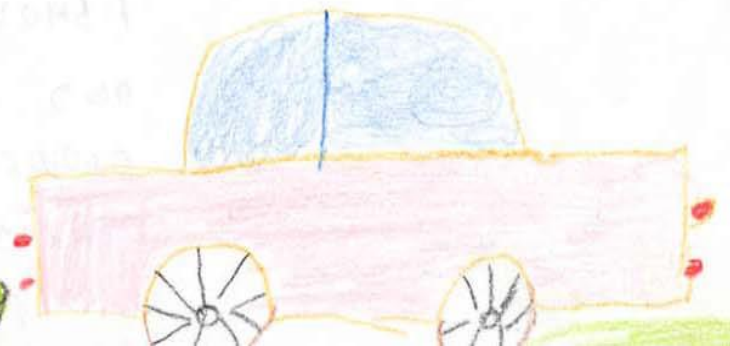


“It is said people has right to a last wish before dying. I do not know if Serbians allow you for a last wish. I know you saw a light, the light of freedom and now you are a angel of peace”.



"During this drawing he had special feelings. I imagined myself in that house where I can relax and forget my worries, I thought: "Can I play free without fear?" and the answer is finally yes. "

Orjeta, 13





72 hours training
70 teachers
30 medicine students
500 children attended
directly







WINE AWARENESS CAN

Notice:

**Develop community
based interventions.**





Càtedra
de Salut Mental

UVIC·UCC
FUNDACIÓ ALTHAIA



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Thank-you!

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