



საქართველოს განათლებისა
და მეცნიერების სამინისტრო



Learning Labs for Equal Rights: Entrepreneurial projects



BioArtCafé
[Video 1](#), [v2](#) and [v3](#)

UVIC
UNIVERSITAT DE VIC
UNIVERSITAT CENTRAL
DE CATALUNYA



Salvador Simó

 Càtedra
de Salut Mental
UVIC-UCC
FUNDACIÓ ALTHAIA

E-Green Social Design

www.egsd.me

[Video](#)

**Un proyecto de
emprendimiento social.**

A man wearing a white VR headset and a red hoodie is shown in profile, looking towards the right. He is standing in front of a computer monitor. The monitor displays a website with the text "ot:" and "resultado de vida i el bienestar". The background is a plain, light-colored wall.



UVIC
UNIVERSITAT DE VIC
UNIVERSITAT CENTRAL
DE CATALUNYA

Càtedra de Salut Mental
FACULTAT DE CIÈNCIES DE LA SALUT I EL BENESTAR
UVIC | UVIC-UCC

Ajuntament de Calldetenes

Diputació Barcelona

Obra Social
Fundación 'la Caixa'

Consell Comarcal d'Osona

PBX
PALIBEX.COM



ART AND CULTURE FOR WELLBEING AND SOCIAL PARTICIPATION





Co-creation of
inclusive
communities

"Everyone has the right to freely participate in the cultural life of the community and to enjoy art" (Art. 26 of the Universal Declaration of Human Rights)

“Dementias take longer to affect creativity, artistic expression and artistic appreciation” (Zaidel, 2010).





A different look to/from
Art and Culture

For wellbeing and
social participation



Developed
projects



1. Centre de Cultura Contemporània de Barcelona

People with dementia

2015-2016

[Link](#)

Partners:
UVic-UCC; CCCB.



2. Museu de les Belles Arts de Corunya

People with mental Health problems

2016-2017

Partners: UVic-UCC, Universidad A Corunya, Museo de Bellas Artes



3. Auditori Nacional Orquestra Nacional de Cataluña

People with dementia

2017-2018

Partners: UVic-UCC,
Auditori Nacional
Orquestra Nacional de
Cataluña



4. Museum of Modern Art de Georgia

People with dementia

2017 **Consultant**

Partners: Uvic-UCC, Associació de Teràpia Ocupacional de Geòrgia, MOMA Tblisi.



5. Museu Thyssen Bornemisza

People with Mental Health problems

2018-2020

Partners: UVic-UCC, Museu Thyssen-Bornemisza, Grupo 5



6. Fundacion Serralves

People with Mental
Health Problems

2021-2023

Partners:

UVic-UCC, Politecnico
Porto, Fundació
Serralves.



7. Vic: Friendly city through art and culture with people with special needs

People with dementia

2018-Today

Partners: UVic-UCC, Ajuntament de Vic, CCCB, Museu Art de la Pell, Museu Episcopal, Centre AcVIC, Cinefòrum, EmVic.

Recerca -
Acció

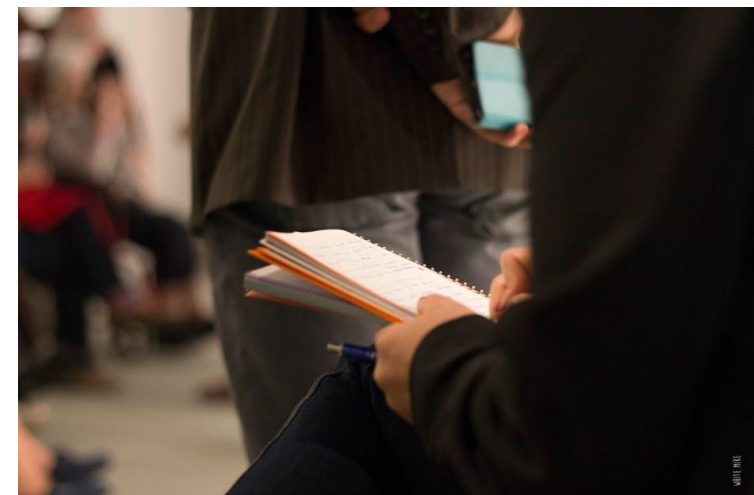
Mixed research

NPT-Es

Focal group

Questionnaire

Participant
observation





Positive impact - scientific evidence

Well-being

- emotional (enjoyment, humor, etc.).
- cognitive (attention, concentration, reminiscence, enjoying the novelty, etc.)

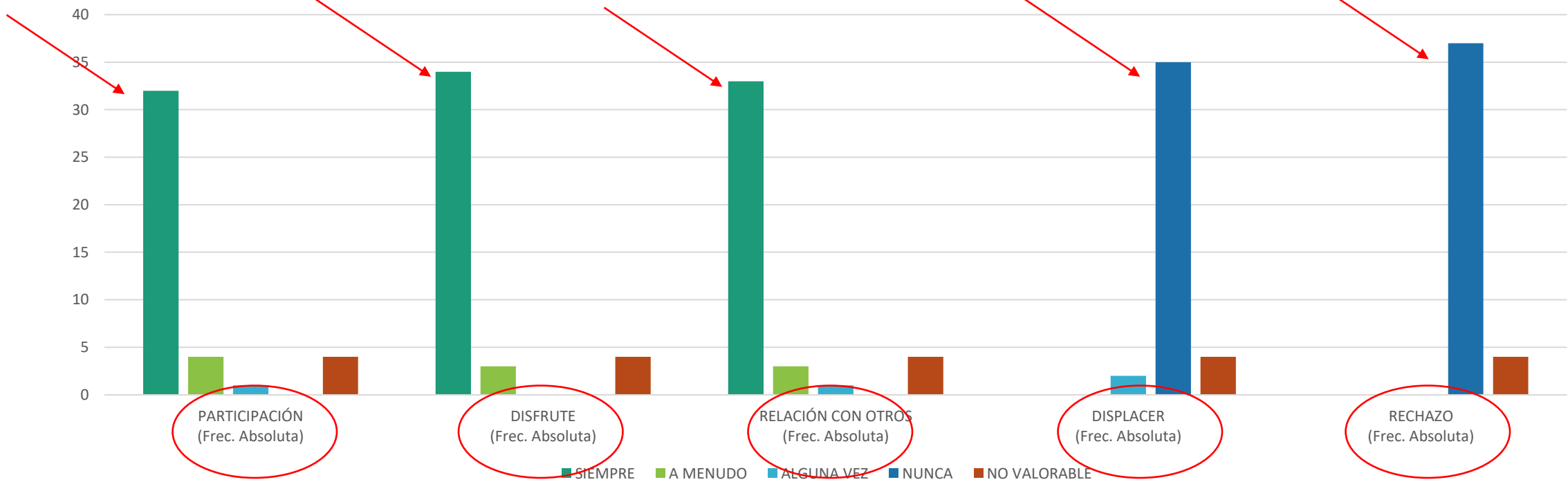
Social participation (breaking isolation, social interaction, etc.)

Positive impact on caregivers and relatives

Transforming the art institutions

Quantitative research

Resultados NPT-ES





Qualitative research: Hermeneutic Paradigm

Hermeneutics as the ability to understand human facts, where listening and observing is essential.

Techniques used:

- Focus groups.
- Field diary.
- Questionnaire.

"It's the first time he's been out in seven years."

"At this age we can't expect anything anymore, but I've really enjoyed seeing it."

"I love coming to the museum."

"Not thinking about anything ... just enjoying the moment, I had a great time, I liked it."

"I have no words. I find it a spectacular, wonderful program." "When I saw the Alzheimer's program so that the patient and the family could come ... I thought it was fantastic ... that an institution that you can think of that is more dedicated to a younger audience has a dedicated and adapted day to an Alzheimer's patient, I think it's the most innovative thing I've seen in so many years. "





Results

- 1 doctoral thesis in edition
- 5 research reports
- 1 website www.sentx100.net
- 1 indexed article published
- 2 articles indexed in edition
- 3 knowledge transfer agreements
- 2 international consultancies
- 4 International / national presentations (Catalonia, Canada, Georgia, Sweden)

0 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20







LET'S COOPERATE!!!!!!

Contact: Dr. Salvador Simó

salvador.simo@uvic.cat

www.salvadorsimo.org



Càtedra
de Salut Mental

UVIC·UCC
FUNDACIÓ ALTHAIA